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THE OPRAH
MAGAZINE

THE REALLY BUSY WOMAN'S
GUIDE TO
Relaxing

warning!
**PAGE 98
COULD CAUSE
INSTANT CALM!**

**42
PERFECT
BEACH
READS!**
PG. 78

**THE GOOD NEWS
ABOUT FAILURE**

**VACCINES
for Grown-Ups**
Which do you need and
when do you need them?

plus:
 ▶ **Healthier BBQ**
 ▶ **Glowier Skin**
 ▶ **Happier
Vacations**

Behind the Scenes

Lounge Act
For this month's cover, Oprah goes on the recline.

SINCE THE MOST visible part of her face would be her cherry red lips, our cover model offered very specific direction on the shade: "I don't like a solid red," said Oprah. "You need to layer your reds so there's more of a tone-on-tone effect." She had less complicated feelings about her bright Satya Twena topper. "I do love a good hat," she said as she faux-sipped her prop cocktail. Quipped Gayle King: "You once wanted to do a hat issue every year, remember?" —CLARISSA CRUZ

SECOND WIND
Tailor Nile Cmilo arranges the ribbons to look windblown.

CUT TO THE CHAISE Oprah and her cabana boys—set designer Todd Wiggins (left) and his team.

relax...
Campaign: Martine des CHARGEURS REUNIS

PORTS ILLUSTRATED
Oprah's look was inspired by this 1950s ad from influential fashion illustrator René Gruau.

BEACHY KEEN
French Riviera-style stripes and luxurious whites are two classic summer trends.

HAT, \$58: torimybahama.com

RING STACK, \$125: michaelkors.com

NECKLACE, \$2,265: alisonlou.com

ESPADRILLES, Chanel, \$675 to \$750: 800-550-0005

SWIMSUIT, Solid & Striped, \$158: solidandstriped.com

WATCH, Bulova, \$299: macys.com

BLAZER, \$149: zara.com

CROPPED PANTS, Sonia Rykiel, \$670: net-a-porter.com

SHIRT, Lafayette 148 New York, \$248: lafayette148ny.com

TOTE, \$235: modusrio.com

BRUT SPARKLING WINE, \$24: chandon.com

MAKEUP, \$58 to \$80, and BAG, \$80: charlottetilbury.com

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For details see Shop Guide.

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